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## Illustrated Report on Test Workshop 'B' – 14<sup>th</sup> December, 2022; Nyíregyháza, Hungary

We announced the workshop at our now familiar location, the Móra Ferenc Eco School in Nyíregyháza. Based on our previous good experiences, we chose this inspiring environment where we could try out our activities within the framework of the Health Week.

The primary goal of the event was to apply and try out what we experienced on study trips with partners and our own good practices. Due to the expected wintry weather conditions, we mainly chose fun activities that can be done indoors.

The school is located in the middle of a huge housing estate, so its garden and yard are considered a significant green space. There is room for a lot of bird-friendly tools in these, so we also produced a couple of dens and feeders, which the more skilled ones decorated with pyrographs. The students also placed them in the schoolyard.





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After placing the bird feeder, the tea made from herbs collected from the school garden “sold well”.



Based on the students' creativity, we held a fruit sculpting session for the purpose of art with natural materials, the products of which were consumed instead of being exhibited. Fortunately, in addition to the imported goods, many domestic fruits were still available, so we also talked about their importance and related health information.



We collected the contents of all school trash cans and divided them into large product groups and measured their quantity in a way that shaped the approach to waste management. We discussed what could have been selectively collected in the first place and composted, or placed in paper or plastic bins.





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During the day, we also held a small eco-presentation, where the students and teachers could learn about minerals and rocks, various honeys, wooden utensils and ornaments, homemade syrups and jams, and environmentally friendly cleaning products. In addition to these, we also prepared interactive situational environmental protection games. At the end of the day, the arriving parents could also take a look at the programs.



All in all, it was a meaningful day, almost every class of the school got involved in one of the activities and could learn something useful from us. As a result of the events, the school proposed a cooperation agreement so that, in addition to the otherwise strict education, their students could see as many environmentally friendly and sustainable models as possible.